

Hebron Happenings

A Note from Jason,

Happy New Year! At this time of year when many people make resolutions for the New Year, I often remember an article I read written by a psychologist for an online psychology journal. The premise of the article was that the best New Year's resolution we all could make was to be kind. Again, this was many years ago now, but I think it is still just as relevant in 2024.

Now you might say, Jason, aren't we as Christians supposed to love our neighbors and not simply be 'kind?' My response is: of course that is true!

However, it is important to remember that loving someone includes and even requires



kindness. In perhaps the best definition of Love ever given, the Apostle Paul writes in 1 Corinthians 13:4-8 – “⁴ Love is patient, **love is kind**. It does not envy, it does not boast, it is not proud. ⁵ It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. ⁶ Love does not delight in evil but rejoices with the truth. ⁷ It always protects, always trusts, always hopes, always perseveres.

⁸ Love never fails.”

There are a lot of important descriptors of Love in those verses and all are important, but too often we think we can love one another while leaving out the kindness part. For Instance, in the book: *The Seven Principles for Making Marriage Work*, Dr. John Gottman shares how important it is to be kind to our spouse. He states too often we show more kindness to complete strangers than we show to those whom we profess to love! We all tend to fall into this trap with family with whom we are most familiar and yet we need to remember that our love is supposed to be kind.

And so, as we enter 2024 I wonder if we might all make a resolution to be more kind to one another and even to ourselves. Because Love is supposed to be kind and I think with all the divisions in the world right now the church should become a beacon of kindness. In so doing we will truly share the light and love of Christ our Lord.

God Bless,

Jason





Mission Update

The Presbyterian Christmas Joy Special Offering was collected during the



Christmas Season. The offering provides assistance to current and retired church workers in their time of need and developing our future leaders at Presbyterian-related schools and colleges equipping communities of color. Special offering envelopes will be provided for your contributions. The total collected was \$760. Thank you for your contributions.



Hebron Book Club News

Book Club meets Saturday, January 13, 2024 at 10:00AM for breakfast and discussion of this month's book, *Lessons in Chemistry* by Bonnie Garmus. Location to be

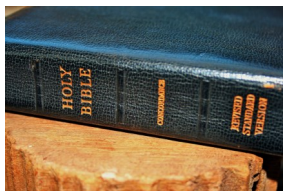
determined. If interested in participating in the breakfast and book discussion contact either Edi Davidson or Robbie Shoup.

Little Pantry Notice.



If you plan to donate items for our Little Pantry, please be advised we are no longer putting canned goods in due to freezing temperatures. If you want to make donations please consider giving boxed items that will not freeze such as Ramen Noodles, boxed meal kits like Hamburger Helper, hot chocolate mix packets, cornbread mixes, muffin mixes, toiletries like deodorant, shampoos, toothpaste, and paper products like individually wrapped toilet paper rolls and paper towel rolls. Thank you.

Sunday School Class Update



The adult Sunday School class is starting a new study on January 7: "Searching for God - Is there any reason to believe in God today?" It investigates the different ideas within American culture that have shaped the way we think and distorted our understanding Christianity and who God is. We'll learn how to have intelligent and compassionate conversations about why we are Christians. The class meets in Fellowship Hall Sunday mornings at 9:30.

Clinton Community Game Night in January

will be on January 20th at 6:30 pm. We have a range of ages!! You can bring your favorite game and a snack to share....or just bring yourself.

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